

On-site Wellness Clinic

The Phoenix Union High School District Wellness Program encourages, enhances, and supports the overall health and quality of life for all District employees.

Biometrics Wellness Screening*

A biometrics wellness screening is the first step toward becoming aware of and practicing healthy choices. Knowing these numbers is an important part of staying healthy and now you can turn your information into action. There is no 'pass' or 'fail' for the screening. Biometrics includes a free baseline physical assessment, which includes:

- Blood pressure
- Weight and height
- Waist circumference
- Body mass index
- Fingertick bloodwork
 - Total cholesterol
 - HDL cholesterol
 - Glucose

*On-site biometrics wellness screenings are at no cost to you if you are covered under one of the district's BCBS medical plans.

*If you carry a different insurance plan, the district is sponsoring 100 employees. Contact Jennifer Sundling for more information.

*If you are unable to attend the scheduled on-site screening, please contact Jennifer Sundling for additional screening opportunities.



Flu Shot and Vaccination Clinic

Getting a flu vaccine every year is the best way to protect yourself, your family, and coworkers from flu and its potentially serious complications. CDC recommends that everyone 6 months and older get vaccinated by the end of October.

Walgreens will be administering flu shots and additional vaccinations for the Phoenix Union High School District. If you do not carry one of the district's BCBS medical plans, please contact the 800 customer service number on the back of your medical insurance card to verify this service is part of your medical plans. If you need additional information, please contact Jennifer Sundling for more information.

Alhambra High School

- September 05, 2019
- 11:30a-2:30p
- 4000 Workcenter

Trevor G. Browne High School

- September 06, 2019
- 11:30a-2:30p
- Community Room

Central/Coding Academy

- September 10, 2019
- 11:30a-2:30p
- Room 910

Cesar Chavez High School

- September 12, 2019
- 11:00a-2:00p
- Room 5104

Betty H. Fairfax High School

- September 13, 2019
- 11:30a-2:30p
- 400 Building-Community Room

Carl Hayden Community High School

- September 17, 2019
- 11:30a-2:30p
- Admin Building-Career Center

Maryvale High School

- September 19, 2019
- 11:30a-2:30p
- Staff Cafe

Metro Tech/Linda Abril

- September 20, 2019
- 11:30a-2:30p
- Hospitality Room

North High School

- September 24, 2019
- 11:30a-2:30p
- Mustang Hall

The Academies at South Mountain

- September 26, 2019
- 11:30a-2:30p
- M013A/B

Bostrom/DSF

- September 27, 2019
- 10:00a-1:00p
- Room 126

Camelback High School

- October 22, 2019
- 12:30p-3:30p
- 4204 Lab

Franklin Police and Fire*

- October 03, 2019
- 11:00a-2:00p
- TBD

Desiderata Program*

- October 04, 2019
- 12:00p-3:00p
- TBD

CEE

- October 15, 2019
- 2:00p-5:00p
- First Floor Training Room

Bioscience High School*

- October 17, 2019
- 11:30a-2:30p
- TBD

*On-site biometrics wellness screenings and flu shots have a minimum of 25 participants. If the minimum is not met 20 days before the screening date, the event will be canceled.